



# Radley CE Primary School & Foundation Stage Unit

Telephone: 01235 520814  
Email: [office@radleyprimary.uk](mailto:office@radleyprimary.uk)  
Web: [www.radleyprimary.uk](http://www.radleyprimary.uk)  
Headteacher: Mrs Claire Thomas BA(Hons) MEd

Church Road  
Radley  
Abingdon  
Oxfordshire  
OX14 3QF

5<sup>th</sup> June 2024

Dear Parents,

## Jigsaw PSHE - 'Changing Me' – Consent

Personal, Social and Health Education (PSHE) lessons since September have built children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way. Our scheme of work we use is called 'Jigsaw'.

Please see below the areas covered in each year group during our 'Changing Me' topic which begins in the final half term. We hope you will be in agreement with us that this work is vitally important for children and that it needs to be delivered age-appropriately. The Jigsaw Programme gives us a secure framework in which to do this.

As a parent you have the right to withdraw your child and must inform the school of your decision. If you **do not wish to consent** then please complete and return the attached slip below by Friday 14<sup>th</sup> June. A paper copy is available on request to the school office.

If we do not receive a reply from you by the 14<sup>th</sup> June we will assume that consent has been given, and your child will take part in all of these lessons.

Kind regards,

Helen McConaghy  
(PSHE co-ordinator)

.....  
Child's Name:

Class:

Please complete and return this slip to the school office by Friday 14<sup>th</sup> June.

**I do not** consent to the above named child taking part in the Relationship and Sex Education lessons provided by the school.

Signed Parent/Guardian:

Date:

## Changing Me – Content Overview

Year 1	<p>Life cycles – animal and human</p> <p>Changes in me</p> <p>Changes since being a baby</p> <p>Differences between female and male bodies (correct terminology)</p> <p>Linking growing and learning</p> <p>Coping with change</p> <p>Transition</p>
Year 2	<p>Life cycles in nature</p> <p>Growing from young to old</p> <p>Increasing independence</p> <p>Differences in female and male bodies (correct terminology)</p> <p>Assertiveness</p> <p>Preparing for transition</p>
Year 3	<p>How babies grow</p> <p>Understanding a baby's needs</p> <p>Outside body changes</p> <p>Inside body changes</p> <p>Family stereotypes</p> <p>Challenging my ideas</p> <p>Preparing for transition</p>
Year 4	<p>Being unique</p> <p>Having a baby</p> <p>Girls and puberty</p> <p>Confidence in change</p> <p>Accepting change</p> <p>Preparing for transition</p> <p>Environmental change</p>
Year 5	<p>Self- and body image</p> <p>Influence of online and media on body image</p> <p>Puberty for girls</p> <p>Puberty for boys</p> <p>Conception (including IVF)</p> <p>Growing responsibility</p> <p>Coping with change</p> <p>Preparing for transition</p>
Year 6	<p>Self-image</p> <p>Body image</p> <p>Puberty and feelings</p> <p>Conception to birth</p> <p>Reflections about change</p> <p>Physical attraction</p> <p>Respect and consent</p> <p>Boyfriends/girlfriends</p> <p>Sexting</p> <p>Transition</p>